## **ACUPUNCTURE ZEN**

## A HEALING MECCA

## Dr. Tony Willcox Brings His A-Game Every Day

BY DIANE FEEN

It is said that life is one big movie screen. We project what we want into our lives, and the world responds in kind.



or Dr. Tony Willcox, this happens rather swiftly.

The reason is that this Doctor of alternative therapies and acupuncture has created a narrow path for those who want to climb into their greatness.

Actor Julian McMahon found this to be true. The former *Nip/Tuck* and *FBI: Most Wanted* star happened to be in Miami, Florida, on vacation when he went on a search for someone who had NovoTHOR Red Light Therapy.

McMahon found a healing professional with the ultimate in healing devices and acupuncture, and the two Australian natives became fast friends. The LA resident combed the Internet and came up with Dr. Tony's name and address in Delray Beach. Though the two had never met, it was kismet.

"Dr. Tony is extremely gifted, connected, and present. He is a spiritual healer who is intuitive and conscious. He uses his intuition to understand your body and knows how to guide you to the right tools for healing and maintaining your health."

McMahon found Dr. Tony's Acupuncture Zen as the launching pad for trying his unique (and coveted) healing modalities. McMahon had read about NovoTHOR for years and was intent on finding someone who had it.

The results were just as amazing as the research that preceded it. "I loved the NovoTHOR bed - and found it rejuvenating. It allows the body to heal and gives you the ability to do more physical activity," said McMahon, who just wrapped up a movie called "The Supremes at Earl's All-You-Can-Eat."

The NovoTHOR bed is a whole-body red-light therapy using 660 nm visible red and 850 nm near-infrared light to treat injuries, increase blood circulation, reduce pain, relax muscles/joints, and improve energy levels. "It's the top of the line for relaxation and stress reduction. Even the US Special Forces use NovoTHOR®."





Dr. Tony has spent his life searching for – and learning – the most up-to-date modalities to change lives and create a calm land-scape for patients to restore their health. Dr. Tony has a Double Doctorate in Acupuncture, a Clinical Doctorate in the US and a PhD. in Acupuncture from China. He is also one of the only Acupuncture doctors in the US who has completed a published Scientific Clinical Study with human participants on Mild Cognitive Impairment.

To accomplish great things, you have to be a great thing. And Dr. Tony is just that.

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McMahon agrees. "Dr. Tony feeds into the modality of being a spiritual healer. He gets to express his passion for healing at Acupuncture Zen. You can feel it and see it in his nurturing and healing space in Delray. He is thoughtful and kind and comes from that place to heal people."

In a quiet way, Dr. Tony has helped many people heal from injuries both mentally and physically. If you listen to those touched by his sturdy and studied methods, it seems like miracles come out of his office at 900 East Atlantic Avenue quite often.

But Dr. Tony is too modest and self-aware to tout his miracles. But others are forthcoming about their miraculous healings.

"I was at my wit's end. Six years ago, I had a car accident that left me with vertigo, carpal tunnel, and headaches. I also had severe arthritis in my neck and shoulders. I was on pain medication all day. After three treatments with Dr. Tony, my vertigo was gone, and after ten, my carpal tunnel, neck, and shoulder problems were gone. I don't take pain medication now and didn't need surgery for carpal tunnel. My neurologist was stunned with my results," said Kelly.

Having practiced for over 17 years, Dr. Tony provides acupuncture and dry needling with great success, but he also offers Cupping Therapy. This healing modality removes toxins and offers pain relief for headaches, migraines, and high blood pressure. It also helps reduce inflammation and degenerative conditions like arthritis and can reduce anxiety, stress, allergies, and fatigue.

They also offer state-of-the-art K-Laser therapy. This new 100 W laser (the world's strongest and first therapeutic laser with Artificial Intelligence) measures the depth of penetration for wavelength and tissue according to each patient. It's a valuable tool for tendon and ligament maladies, pain and inflammation of joints, tennis and golfers' elbow, and more.

Dr. Tony has treated patients with acupuncture for all types of medical issues. "You would be surprised what this integrative medicine can help with."

Not only did Julian McMahon discover this center of the healing universe to be the "real thing," but so did others in the sports and entertainment world. Dr. Tony has helped Jon Bon Jovi, NHL All-star player Jack Eichel, MLB Player & Olympian Danny Valencia, PGA Golfer Gary Woodland, and Glory 4-time world champion kickboxer Robin Van Roosmalen who calls him the "Best in the Business."

Many people feel that way. They range in age from teenagers to 104 and come from backgrounds as varied as the ground we all walk on.

To Aimee of Delray Beach, he was the answer to her prayers. "My thanks to Dr. Tony for his expertise in acupuncture and ability to offer personalized and patient-specific care. With his positive and reassuring personality, matched by his caring staff, Dr. Tony helped me relax with acupuncture

treatments tailored to address my fertility issues. I am confident this assisted in my quest and ultimate success with pregnancy. He really cares greatly for his patients."

McMahon agrees. "I traveled to see Dr. Tony many times while I was in Florida. He is a special guy, and I feel blessed to have met him. He is extraordinarily gifted."

We agree.

THE PERFECT BALANCE OF

EEDLES AND SPIRITUAL HEALING

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