

TOP 100 PHYSICIANS



Newsmax Health's Top 100 Physicians Who Embrace Integrative Medicine

Dr. Tony Willcox D.A.O.M., A.P. makes this list alongside game changers in natural medicine in the United States of America.

Integrative medicine is more popular than ever, as more Americans search for natural and holistic solutions to health problems that conventional medicine cannot provide. Whether you call it complementary, alternative, or integrative treatment, some 42 percent of all hospitals in the U.S. now offer nonconventional medical services.

The goal is to make patients feel better through natural methods such as changes in lifestyle, diet, natural herbs, vitamin supplements, meditation, self-hypnosis, acupuncture, and other modalities that do not have the serious side effects of prescription drugs or invasive surgical procedures typically used in conventional medicine.

- 1. Mehmet Oz, M.D.;** cardiology, wellness; New York, New York.
- 2. Mark Hyman, M.D.;** nutrition, diet, family health; Lenox, Massachusetts.
- 3. Deepak Chopra, M.D.;** internal medicine, endocrinology, mind-body connection; Carlsbad, California.
- 4. Andrew Weil, M.D.;** founder Arizona Center for Integrative Medicine at the University of Arizona; integrative medicine; Tucson, Arizona.
- 13. David Perlmutter, M.D.;** neurology, nutrition; Naples, Florida.
- 15. Neal Barnard, M.D.;** nutrition, wellness; Washington, D.C.
- 22. Joseph Mercola, DO;** osteopathy; Chicago, Illinois.
- 59. Tony Willcox, DOM; sports medicine, acupuncture; Acupuncture Zen, Delray Beach, Florida.**
- 78. Joel Furhman, M.D.;** immunity, nutrition; Flemington, New Jersey.
- 100. Lesley James, M.D.;** hormonal balance, IBS; Rochester, N.Y.